



OVERVIEW:

Circle of Security

The Circle of Security parenting program is a relationship based early intervention program designed to enhance attachment security between parents and children. Decades of university-based research have confirmed that secure children exhibit increased empathy, greater self-esteem, better relationships with parents and peers, enhanced school readiness, and an increased capacity to handle emotions more effectively when compared with children who are not secure.

- Eight sessions for up to 18 parents and carers (2 hours per week over 8 weeks)
- Creche service available (at additional cost)
- Handouts and other resources included
- Experienced facilitators
- Culturally appropriate delivery
- Evidence based program



Cost: On Application
To discuss your group and/or organisation's unique needs please contact WIN Inc. on 0497 704 113 or programs@win-australia.org.au



OVERVIEW:

- Three sessions for up to 18 parents and carers (2 hours per week over 3 weeks)
- Creche service available (at additional cost)
- Participant Booklet, magnet and other resources included
- Experienced facilitators
- Culturally appropriate delivery
- Evidence based program

123 Magic & Emotion Coaching

The 1-2-3 Magic and Emotion Coaching program aims to teach parents how to deal with their children's difficult behaviour by using an easy-to-learn and easy-to-use signalling system to manage children's difficult behaviour. The signalling system requires the parent to use less talk and less emotion, which in turn encourages the development of children's ability to manage their emotional reactions to parental boundaries (or emotional competency).



Cost: On Application
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OVERVIEW:

Engaging Adolescents™

The Engaging Adolescents parenting education course teaches parents what goes into forming a great relationship with their teenagers and how to broach difficult topics with teenagers and importantly, emerge in one piece! Based on scripted mediation techniques, the PASTA for teenagers' process provides parents with a method for holding tough conversations with adolescents, where parents can deal with short term issues (such as being interrupted) and long term issues teaching teenagers how to negotiate successfully).

- Three sessions for up to 18 parents and carers (2 hours per week over 3 weeks)
- Creche service available (at additional cost)
- Participant Booklet, magnet and other resources included
- Experienced facilitators
- Culturally appropriate delivery



Cost: On Application
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OVERVIEW:

Seasons for Growth

The Seasons for Growth program has been designed to support all children and young people who have experienced loss and change. It has also been used successfully to specifically support children and young people from refugee backgrounds. The program is based on the belief that change and loss are part of life and grief is a normal response to these losses. It provides an opportunity for children to learn the knowledge, skills and attitudes required to understand and respond well to grief and loss experiences (e.g. death, separation, divorce, migration, natural disasters).

- Eight sessions for up to 7 children (1 hour per week over 8 weeks)
- Three program levels per ages: L1 (6 to 8yo), L2 (9-10yo) and L3 (11-12yo)
- Participant Booklet and other resources included
- Experienced facilitators
- Culturally appropriate delivery
- Evidence based program

Cost: On Application

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0497 704 113 or

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OVERVIEW:

Drumbeat - Building resilience through rhythm

The Holyoake DRUMBEAT is an evidence-based social and emotional learning program designed to engage children and young people resistant to talk based approaches. The program uses hand drumming to foster improved levels of personal and social confidence and develop social skills. DRUMBEAT is a fun program that uses analogies and metaphor to raise awareness in participants of the factors that support healthy relationships and in so doing supports a reduction in the social isolation that is commonly experienced by alienated young people.

- Ten sessions for up to 12 children/young people (1 hour per week over 10 weeks)
- Drums and other tools included
- Participant Booklet and other resources included
- Experienced facilitators
- Culturally appropriate delivery
- Evidence based program



Cost: On Application
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OVERVIEW:

LOVE BİTES

LOVE BİTES is an extremely successful school-based Domestic and Family Violence and Sexual Assault prevention program based on best practice standards for education programs as recommended by the Australian Domestic and Family Violence Clearing House and other leading academics in the area of violence against women. This interactive and innovative program is aimed at 14-17yr olds and consists of two interactive education workshops on Domestic and Family Violence and Sexual Assault followed by creative workshops that consolidate the information from the morning.

- A full day training session for up to 25 students of Year 9 and 10 of high school, aged between 15 and 17 years
- Participant handouts and other resources included
- Experienced facilitators
- Culturally appropriate delivery
- Evidence based program



Cost: On Application
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EMPOWERING COMMUNITIES FOR PROFESSIONALS



OVERVIEW:

Cultural Awareness Training

Supporting Australians, employers, managers and community organisations to manage diverse workforces, clients and volunteers.

This half day training develops cultural diversity competencies including:

- Knowing how your cultural lens has been shaped
- Building Cultural Intelligence
- Managing Core Values Differences
- Understanding different religions
- Learning to talk openly about racism

- Four hour training session for up to 25 participants
- Strategies for cross-cultural communication
- Participant Booklet and other resources included
- Morning or afternoon tea included
- Experienced facilitators
- Culturally appropriate delivery



Cost: On Application
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